



START	END	TOPIC	SPEAKER(S)
8.30	8.40	Official opening of the Inaugural Conference "Lifestyle Medicine in Latin America & the Caribbean"	Bob Pinedo (Curaçao)
8.40	8.50	INTRO TO SESSION 1: HEALTH GOVERNANCE OF NCD'S IN THE LAC REGION	Chair: Rifat Atun (USA), <tba> (PAHO)
8.50	9.15	Health equity/inequality	Paulo Buss (Brazil)
9.15	9.40	What is Public Health: a Dutch Caribbean view	Izzy Gerstenbluth (Curaçao)
09.40	10.10	Break	
10.10	10.35	Social determinants of Public Health	Ana Diez-Roux (USA)
10.35	11.00	From implementation research to policy change: the role of politics	Adolfo Rubinstein (Argentina)
11.00	11.25	Teaching Public Health	Gilberto Schwartzmann (Brazil)
11.25	11.55	Why are there so many centenarians in Martinique? What are the costs and benefits of this for the Island?	Michel Poulain (Belgium) Jean Crusol (Martinique)
11.55	12.25	Panel discussion	Chair: Paulo Buss (Brazil) Ingemar Merkies (Curaçao) & Speakers
12.25	13.00	The Endothelium	Eduardo Barbosa (Brazil)
13.00	14.00	Lunch	
14.00	14.10	INTRO TO SESSION 2: COMPREHENSIVE APPROACH TO CVD PREVENTION	Chair: Salim Yusuf (Canada), Vilma Irazola (Argentina)
14.10	14.35	Fighting hypertension in LMIC: Role of implementation science & the HEARTS Initiative for the Americas	Vilma Irazola (Argentina)
14.35	15.00	Implementing multicomponent interventions to control (Pre)-Hypertension in poor populations	Manuel Ramirez-Zea (Guatemala)
15.00	15.30	Break	
15.30	15.55	Environmental factors and their influence on health behaviors, risk factors and disease	Salim Yusuf (Canada)
15.55	16.25	Panel discussion	Chair: Salim Yusuf (Canada) Claudio Majul (Argentina), Roderik Kraaijenhagen (Netherlands) & Speakers
16.25	17.00	Health system reform and innovation for better outcomes	Rifat Atun (USA)
17.00	17.10	Closing of Conference Day 1	David Khayat (France)



START	END	TOPIC	SPEAKER(S)
8.30	8.35	INTRO TO SESSION 3: LIFESTYLE MEDICINE (LM)	Chair: Edward Phillips (USA), Ioan Hanes (Belgium)
8.35	9.00	Exercise medicine	Edward Phillips, Harvard (USA)
9.00	9.25	Sexual health and Lifestyle Medicine	Ioan Hanes (Belgium)
9.25	9.55	Break including Poster Session	
9.55	10.00	INTRO TO SESSION 4: LIFESTYLE MEDICINE & RESP. DISEASES	Chair: Jose Perez-Padilla (Mexico), Carlos Torres-Duque (Colombia)
10.00	10.25	Respiratory impact of household pollution	Carlos Torres-Duque (Colombia)
10.25	10.50	Pre-COPD	Jose Perez-Padilla (Mexico)
10.50	11.15	Impact of COPD in public health of Latin-America and future perspectives	Maria Montes de Oca (Venezuela)
11.15	11.45	Panel discussion on Smoking cessation	Chair: Peter Harper (UK) David Khayat (France); Hugo Caballero (Colombia) & Speakers
12.45	12.20	Nutrition and the Microbiome	Jeremy Lim (Singapore)
12.20	12.55	Environmental carcinogens	John Groopman (USA)
13.00	14.00	Lunch including Poster Session	
14.00	14.10	INTRO TO SESSION 5: CANCER PREVENTION	Chair: Louiz Santini (Brazil), Ashley Duits (Curaçao)
14.10	14.35	Genetic causes of cancer in the Caribbean	Olefunmilayo Olopade (USA)
14.35	15.00	Population screening in Curaçao	Bob Pinedo (Curaçao), Louise Elstak (Curaçao)
15.00	15.30	Break including Poster Session	
15.30	15.55	Information system for early detection	Luiz Santini (Brazil)
15.55	16.25	The Latin American Code Against Cancer	Eduardo Cazap (Argentina)
16.25	17.00	Panel discussion	Chair: David Khayat (France) Efrain Cambronero (Costa Rica), Keith Britton (Panama), Evelien Dekker (Netherlands) & Speakers
17.00	17.10	Closing of Conference Day 2	Peter Harper (UK)



START	END	TOPIC	SPEAKER(S)
8.30	8.40	INTRO TO SESSION 6: NUTRITION & OVERWEIGHT	Chair: Juan Rivera Dommarco (Mexico), Camila Corvalan (Chile)
8.40	9.05	Hidden nutritional challenges in combatting obesity in the Caribbean	Fitzroy Henry (Jamaica)
9.05	9.30	Barbados School Nutrition Policy	Hedda Phillips-Boyce (Barbados)
9.30	9.55	Experimental Nutritional Interventions in Rural Guatemala	Fernanda Kroker-Lobos (Guatemala)
9.55	10.25	Break including Poster Session	
10.25	10.50	Food labeling & school nutrition in Chile	Camila Corvalan (Chile)
10.50	11.15	Diet, Cancer & Cardiometabolic Diseases	Juan Rivera Dommarco (Mexico)
11.15	11.40	Overweight in poverty areas & immigrants in The Netherlands	Jaap Seidell (Netherlands)
11.40	12.10	The need of a comprehensive and balanced approach for obesity prevention and control	Dr. Simón Barquera (Mexico)
12.10	12.55	The Nutrition Transition: Dynamics and potential for slowing down or reversing the current pattern	Barry Popkin (USA)
13.00	14.00	Lunch including Poster Session	
14.00	14.10	INTRO SESSION 7: DIABETES	Chair: Antonio Chacra (Brazil), Hanno Pijl (Netherlands)
14.10	14.35	Lifestyle Medicine for the Prevention and Treatment of Diabetes	Hanno Pijl (Netherlands)
14.35	15.00	Pre-diabetes in Adolescents	Antonio Chacra (Brazil)
15.00	15.30	Break including Poster Session	
15.30	15.55	Obesity & Diabetes	Monica Manrique (Chile)
15.55	16.45	Panel discussion: Overweight & Diabetes	Chair: Juan Rivera Dommarco (Mexico) Hanno Pijl (Netherlands), Jhony de la Cruz-Vargas (Peru), Manuel Ramirez-Zea (Guatemala) & Speakers
16.45	17.00	Closing of the Conference	Bob Pinedo (Curaçao)

Day 2 & 3 (breaks & lunch) - Poster session

TOPIC	LEAD
Lifestyle physical activity, breast cancer prevention and mortality: systematic review and meta-analysis	Jhony A. De La Cruz-Vargas (Peru)
The relationship between metabolic syndrome and BPH: case-control study in Peruvian military hospital	Manuel Vela Ruiz (Peru)
Post-natal overfeeding and obesity later predisposition: a preclinical study	Stephen van Heiningen (Curaçao)
Colorectal cancer screening: interviews with the target population	Shacara Blake (Curaçao)
Colorectal cancer screening	Jacqueline Hugtenburg (Curaçao)
Quality control of cancer screening	Soraya Verstraeten (Curaçao)
Fraction of cancer attributable to lifestyle and environmental factors in Peru prior to COVID-19 pandemic	Jhony A. De La Cruz-Vargas (Peru)
Associations between metabolic phenotypes and breast cancer risk: a systematic review and meta-analysis	Victor Vera Ponce (Peru)